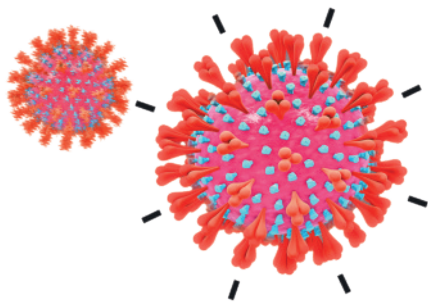


Dear Dorset, Bournemouth, Christchurch and Poole



We need your help

NHS services are under a lot of pressure.

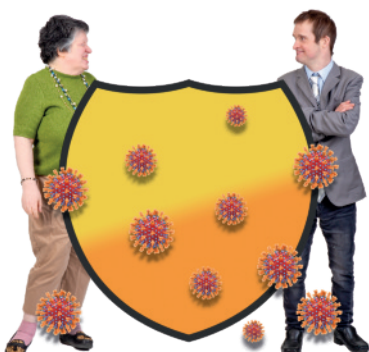


The new COVID-19 strain is spreading really fast. Everyone needs to do what they can to stop it spreading.



We need everyone in Dorset to stay at home.

If we listen to the Government we will slow the spread of COVID-19. This will protect the most vulnerable people and the NHS.



Please help us to help you. It is important that you:

- Look after your own health
- Keep safe when you use services



The most important thing to do is stay at home.

This will protect the NHS, and save lives.



Local Health Services

The following places are still open:

- Local pharmacies
- Doctors
- Urgent Treatment Centres
- Minor Injuries Units



Open

There are Minor Injuries Units and Urgent Treatment centres in:

- Weymouth
- Bridport
- Swanage
- Shaftesbury
- Wimborne



You can find more information about how to contact these places on this website:

www.dorsethealthcare.nhs.uk/miu



If you need urgent help with your mental health call Connection on:

0800 652 0190

Or call 111 who can give you information on the right service to support you.



Appointments with the NHS will still happen unless you are told it is cancelled.

If you can not go to your appointment, call the number on the appointment letter.



COVID-19 Vaccine

Health and care in Dorset have been working hard to get the COVID-19 vaccination programme ready.



We will be following the national guidance to give people the vaccination. This means the people most at risk will be able to have it first.



The NHS will tell you when it is your turn to get the vaccination. Please do not contact them.



Please remember to:

- Wash your hands
- Wear a face covering
- Leave 2 metres between you and people not in your household

On behalf of the NHS in Dorset



Dorset County Hospital
NHS Foundation Trust

Dorset County Hospital NHS Foundation Trust

Professor Alastair Hutchison,
Chief Medical Director

Nicky Lucey, Chief Nursing Officer
and Director of Infection, Prevention
and Control



Dorset
Clinical Commissioning Group

NHS Dorset Clinical Commissioning Group

Dr Forbes Watson, GP and Chair

Dr Karen Kirkham, GP and Assistant
Clinical Chair

Vanessa Read, Director of Nursing and
Quality



University Hospitals Dorset
NHS Foundation Trust

NHS University Hospitals Dorset NHS Foundation Trust

Professor Paula Shobbrook, Chief Nursing
Officer and Director of Infection, Prevention
and Control

Dr Alyson O'Donnell, Chief Medical Officer
